

What is Karam Kriya?

Karam = Structures that take us through time but with no result other than repetition.

Kriya = Completion of these structures and the establishment of Dharmic structures. Dharmic structures are vehicles of awareness that use time to go beyond time.

Karam Kriya means “whole-hearted, soulful action which delivers you into the lap of your own destiny”. Karam Kriya is the name that in 1996 Yogi Bhajan personally gave to **Shiv Charan Singh's** development of the teachings of Tantric Numerology ([www.karamkriya.eu](http://www.karamkriya.eu)).

Karam Kriya is the art of living and communicating in your life to realise your full potential. Utilize everything you have, within and without, because there is nowhere the divine is not. It is about action in spiritual awareness, in all aspects of your everyday life.

Embedded in the lineage, teachings and technology of Yogi Bhajan and Kundalini Yoga and applying these, it utilises the intuitive, contemplative study of Numbers as essential, universal principles to reveal the underlying harmony of creation and the intimate interconnection between self and universe.

Numbers in their absolute integrity and precision can also be used as a diagnostic tool of enormous flexibility and sensitivity, for example in looking at a person through the window of their date of birth. How powerful is intuition when it is informed intuition?

So now...please take some time to think about life without Numbers....

Difficult? Hmm, so what does that mean? Is it just that when there is 3 cars in front of the house that this could not be the case if there wasn't a number 3? Or is there more to the quality of Numbers?

Let's experiment.

Imagine being alone in a room, and sense what that feels like... Really go deep into the sensation of being alone. This might not be so difficult if you are reading this alone.

Now somebody enters...what happens then, what does this feel like? Can you define what the difference is between alone and being with 2? It is hard, or impossible not to interact on some level with the other, right? This creates some kind of tension?

And can you now go back and forth between being alone and being with two, to really start to define the specific qualities of each situation?

And continue with 3 people, 4 and 5. Beyond that number the interaction between you seems to get more impersonal for each extra person, right? This is an interesting experiment to do in real life if you get the chance. Then to compare these qualities with other occasions where the Numbers are obviously present, and this can continue into all situations because on a subtle level they are always present.

This is part of what we do in Karam Kriya: we look at 'life through numbers and numbers through life' (Shiv Charan Singh). We seek to define and sense specific qualities of each number on every level of

our existence that we can come up with, personal or impersonal. This makes each workshop unique and very dynamic.

Then we also look at the interaction between these qualities and subsequently between the Numbers. This allows for extraordinary insight into the processes of life and situations in each individual life, for you will discover structures; repeating patterns. We generally call these (uncompleted) structures habits or karma (Karam).

Then Kriya means complete action; to complete these structures to go beyond them. We study these structures in a way that can potentially serve others to develop an insight in how to complete their patterns and develop Dharmic structures that serve them. Therefore the Karam Kriya Training is shaped as a consultation training. It is much easier to analyse the other than to analyse yourself, and through analysing each other's life, you discover a lot about yourself.

We invite you to the Court of Karam Kriya and learn to listen to 'the last language' which is what the language of Numbers is sometimes called. As Pythagoras already said: "If you don't know Numbers, you don't know anything. If you only know Numbers, you don't know anything".

1-2 September 2012 Helsinki, Finland:

Introduction Karam Kriya with Hari Krishan Singh from The Netherlands ([www.cherdi.kala.eu](http://www.cherdi.kala.eu))

Information and registration:

Prabhu Dharam Kaur

mail:

Tel: